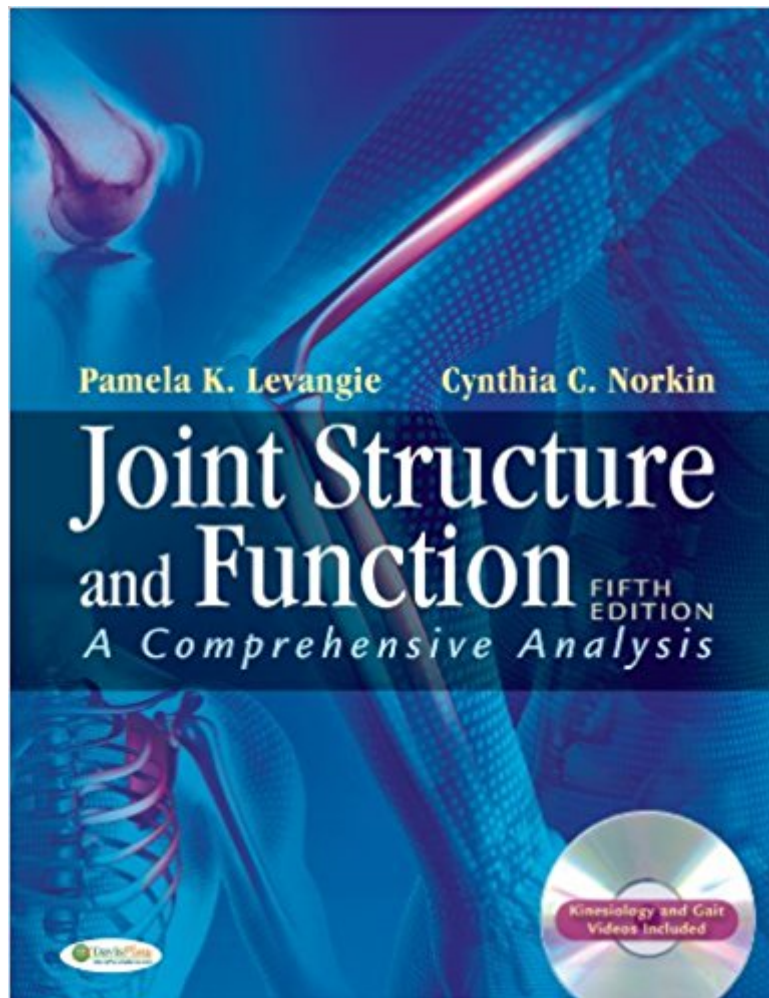




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Joint Structure And Function: A Comprehensive Analysis Fifth Edition



Synopsis

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Book Information

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Customer Reviews

Levangie is Associate Professor in the Department of Physical Therapy at the Sacred Heart University.

This book is for everyone who has muscles (EVERYBODY), this is for you the regular gym enthusiasts, you who uses sports as a hobby, YOU who uses exercises as part of rehab, YOU who wants to learn how to workout and not get hurt, YOU THE ONE WHO THINKS THAT KNOWS HOW

TO EXERCISES.... YOU who wants to take care of your joints and make them last over the years, YOU the chiropractor, The physical therapist, the physiologists, massage therapists, personal trainers, YOU THE DOCTOR. This book teaches the basics of joint mechanics , most of the intricacies that come with FORCE and everything affected by it (joints/muscles)(injuries/exercise/rehab) this book is what everyone with muscles should KNOW, very in depth explanations and demonstrations about structure of all joints, why they move the way they move, how force affects joints and the functions of the muscles each of these joints.this version (1st edition) is the easiest one to read (language simplicity)HIGHLY, VERY HIGHLY recommended

A lot of great information I needed for college.

Even though this is an older book and dated, its a great book for personal trainers looking for a better understanding of Joint Structure and Function. Its straight and to the point. Not a lot of unnecessary information you might need if you were wanting to get a degree in this field.

This is the best book on joint structure and function, hands down. I have used it in giving me a better understanding on joint physiology, for my massage class and physical therapy training.

This is NOT the book you want to start reading first . I read Neumann first then read this so I understand what is going on. It is very mind boggling but puts things in an interesting perspective. More for intermediate anatomy people

Book for first year PT students. Probably one of the most tedious books, students have to read during their careers. NOT FUN.

The book is exactly what I needed and arrived within the time frame it was supposed to.

A+

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